

Utah's Medicaid Reform 1115 Demonstration

Annual Public Forum

March 2026

Utah's Medicaid Reform 1115 Demonstration is a statewide waiver that gives the Utah Department of Health and Human Services (DHHS) federal authorization to administer specific medical programs and benefits that are not otherwise allowable under federal rules. The Demonstration was approved in February 2002 and implemented July 1, 2002. Generally, section 1115 Demonstrations are approved for an initial five-year period and can be extended in additional three to five year increments. Over the years, additional programs and benefits have been authorized under the demonstration. This current demonstration is approved through June 30, 2027.

Demonstration Programs and Benefits include:

- Adult Expansion- Provides Medicaid benefits to adults age 19-64 who have household income up to 133 percent of the federal poverty level (FPL).
- Dental Services- Provides dental services to all Medicaid-eligible adults, children and pregnant/postpartum women. Services for children and pregnant/postpartum women are currently covered through managed care organizations but coverage will transition to the 1115 Demonstration in 2026.
- Employer Sponsored Insurance- Individuals in the Adult Expansion group are required to enroll in employer sponsored insurance (ESI), if it is available to the eligible individual.
- Extended Postpartum Coverage- Provides twelve months of coverage to pregnant women following the end of a pregnancy.
- Family Planning- Provides family planning services and family planning related services for adults. This demonstration was approved by CMS on November 13, 2025 and is currently under development. The implementation date is still to be determined.
- Fertility Treatment for Individuals Diagnosed with Cancer - Provides fertility preservation for eligible individuals diagnosed with cancer and requiring treatment that may cause a substantial risk of sterility or iatrogenic infertility (i.e., infertility caused by treatment for cancer).
- Former Foster Care Youth from Another State- Provides state plan Medicaid benefits to former foster care youth from another state up to age 26.
- Health Related Social Needs-Provides housing interventions including housing supports without room and board, home remediations, home/environmental accessibility modifications, episodic housing interventions with clinical services with room and board, and

room and board-only support. This demonstration also encompasses Housing Related Services and Supports which provides housing-related services and supports in the form of tenancy support, community transition, and supportive living services to Adult Expansion enrollees experiencing homelessness, food or transportation insecurity, or interpersonal violence and trauma.

- In Vitro Fertilization and Genetic Testing - Provides in vitro fertilization services and genetic testing for Medicaid eligible individuals who have specific qualified conditions.
- Justice Involved - Provides limited coverage of targeted services for inmates in a state prison, county jail, or juvenile justice facility for up to 90 days prior to the expected release date. Justice Involved for youth went live on June 1, 2025.
- Residential and Inpatient Treatment for Individuals with Serious Mental Illness (SMI)- Provides expenditure authority for services furnished to eligible individuals ages 21 through 64 who receive treatment for a SMI, and who are short-term residents in facilities that meet the definition of an IMD.
- Substance Use Disorder (SUD) Residential Treatment- Provides coverage of SUD Residential Treatment in an Institution for Mental Disease (IMD) for all Medicaid eligible individuals.
- Targeted Adult Medicaid- Provides state plan Medicaid benefits to a targeted group of adults without dependent children.
- Utah's Premium Partnership for Health Insurance (UPP)-Provides premium assistance to help pay the individual's or family's share of monthly premium costs of employer-sponsored insurance or COBRA.
- Utah Medicaid Integrated Care (UMIC)- Allows the state to operate an integrated managed care program combining physical health and behavioral health services in five Utah counties for the Adult Expansion Population.

March 2026 Enrollment for Demonstration Populations

Program/Benefit	Individuals Enrolled/Served*
Adult Expansion	74,065
Dental Services	139,577
ESI	639
Extended Postpartum Coverage	7,573
Fertility Treatment for Individuals Diagnosed with Cancer	0

Former Foster Care Youth	12
Health Related Social Needs	44
In Vitro Fertilization and Genetic Testing	4
Justice Involved	15
SMI Residential Treatment	96
SUD Residential Treatment	183
Targeted Adult Medicaid	6,633
UPP	327
UMIC	50,381

*Data is point in time as of March 03, 2026. Data is subject to change with future retroactive eligibility.

Demonstration documents can be found at <https://medicaid.utah.gov/1115-waiver>